



# KARAMYOGI

Monthly Newsletter of GGSD College, Kheri Gurna

## THREE DAY WORKSHOP ON SELF-DEFENCE FOR GIRLS

Women Empowerment Forum of the college organized a Three Day Workshop on "Self Defence for Girls" (February 22-24, 2018). The workshop was inaugurated by the Chief Guest Sh. Amardeep Singh Rai, IPS, Inspector General of Police, Patiala Zone on February 22, 2018. Speaking on the occasion Mr. Rai said that along with physical strength, mental strength was extremely important to face such situations bravely. More than 50 girls were trained to defend themselves in case of any undesirable physical attack of sexual harassment. The officials from the Punjab Police did a commendable job in training the participants. Mrs. Kanwardeep Kaur, IPS, Superintendent of Police, Patiala, was the Chief Guest on the occasion of the Valedictory Function. Her presence on the occasion proved to be very motivating for the participants.

Principal Dr. Sunil Kumar Baria extended gratitude to the enlightened management of the college for initiating the unique idea for organizing this workshop. He stated that ours is the first college in Punjab to organize this kind of workshop. The Workshop was successfully coordinated by Dr. Jaswinder Kaur & the faculty members.



## ADHOCRACY MILESTONE 5.0

Adhocracy Club of the college organized a Management Fest "Milestone-5.0" on 17th February, 2018. It included a number of competitive items and management games. A large number of students showcased their talent. The Fest proved to be highly educational & entertaining. The winners in the various competitions were awarded prizes at the hands of the Principal, Dr. Sunil Kumar Baria. Speaking on the occasion, Principal Baria appreciated the efforts of the students and faculty members for organizing such a grand event. The event was coordinated by Dr. Meenakshi Negi and supported by Dr. Maninder Kaur, Mr. Swarn Singh, Mr. Baljeet Singh & Ms. Riya Ghai.



**Dr. Sunil K Baria**  
(PRINCIPAL)

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