



KARNYOGI

Monthly Newsletter of GGDSD College, Kheri Gurna (Banur)

New Year Wishes



Two Day Workshop





A Two Day Workshop on "Empowering Life Skills for success" was organised in the college on 20-21st December, 2024 for teaching and non-teaching staff members.

The objective of the workshop was to equip participants with essential life skills like Positive Mental Attitude and Stress Management to navigate effective work life balance. Through interactive presentations, group activities, personality analysis tests and discussions, participants learned means and ways to be more balanced and productive in their personal and professional lives. The workshop received overwhelmingly positive feedback, with 90% of participants reporting increased confidence in their life skills and 85% feeling more motivated to apply the skills learned. The workshop was conducted by Dr. Ankita Gupta. Dr. Meenakshi Negi, Principal, congratulated the participants for their keen and active participation.

Courses Offered: M.Com. B.Com.(Hons.), B.Com

B.B.A., B.A.

Dr. Meenakshi Negi Officiating Principal

GGDSD COLLEGE, KHERI GURNA (BANUR)

(Recognised under section 2(f) of the UGC Act 1956)

Banur-Ambala Road, Tehsil Rajpura, Dist. Patiala (140417)

www.ggdsdkherigurna.ac.in

E-mail: ggdsdkherigurna@gmail.com, info@ggdsdkherigurna.ac.in